

Screen Time and Blue Light Research

There is growing concern in the eye care community over potential long-term eye and health impacts from digital screen usage and cumulative blue light emitted from digital devices.

In an effort to better understand the impact of blue light filtration on symptoms of dry eye in computer gamers. Eyesafe and Salus University will conduct a randomized clinical trial in the coming months.

Eyesafe is committed to protecting health and vision in the digital age. Key blue light research topics help guide our work:

- Retina Damage
- Dry Eyes
- Digital Eye Strain
- Children's Eyes & Health
- Cognitive Performance & Productivity
- Aging & Longevity
- Sleep Disruption & Circadian Rhythm

Find a summary of impacts and research at:
eyesafe.com/research

