Blue Light Management & Certification for World Leaders in Consumer Electronics

**China International Import Expo 2019** 





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# eyesafe

# JUSTIN BARRETT Eyesafe CEO



First Annual Forum of Electronics Manufacturers and Eye Care Professionals

### Attendees included:

- 40+ device manufacturers representing the majority of consumer electronics produced
- From 14 countries
- Renowned leaders in Optometry and Ophthalmology





# **Eyesafe Vision Health Advisory Board Includes World** Leaders in Optometry and Ophthalmology



**RALPH CHU, MD** 



H. BURKHARD DICK, MD, PHD



CHAD DOCKTER, OD



DAVID FRIESS, OD



**GARY HEITING, OD** 



**MITCHELL JACKSON, MD** 



PAUL KARPECKI, OD



**RICHARD LINDSTROM, MD** 



SHERI ROWEN, MD



VANCE THOMPSON, MD



WILLIAM TRATTLER, MD



**TÜV**Rheinland® Precisely Right.



The distinguished ophthalmologists and optometrists who comprise the Eyesafe® Vision Health Advisory Board help guide research regarding the effects of blue light on the eyes and visual system and the development of Eyesafe® standards to protect public health.



# Media Hours Per Day

Source: Nielsen, U.S. average time per day on screens and media in 2018

# **Blue Light Health Effects: Summary**

- Sleep Disruption (and assoc. health problems)
- Digital Eye Strain
- Dry Eyes
- Retinal Damage
- Mood Disorders & Psychological Effects
- Reduced Cognitive Performance
- Accelerated Aging





# How to Save Your Eyes in the Digital Age

The Handbook for Eye Care and Electronics 眼部护理和电子产品手册

WITH CONTRIBUTIONS FROM OVER 250 INTERNATIONALLY RECOGNIZED EYE CARE PROFESSIONALS, COLOR SCIENTISTS AND DISPLAY ENGINEERS

eyesafe



The Essential Blue Light Guide for Electronics Manufacturers and Eye Care Professionals

# TO GET YOUR FREE COPY: eyesafe.com/handbook

(English and Chinese available)





# Screen Time and Blue Light Research to Guide Standards

- Research partnership on the health effects of blue light on the eye, visual system and overall health and wellness.
- Purpose of research is to guide development of Eyesafe industry standards
- Areas of study include dry eye and worker productivity impacts, among other topics





### **OTHER BLUE LIGHT FILTERS**

### EYESAFE® DISPLAY

Harmful Blue Light Range

**Other Blue Light Filters** 

High Energy Visible Blue Light (HEV)

400 415 435 455 475 500 Wavel

Wavelength (nm)

Others adjust the blue light by shifting color to warmer hues which impacts color

Harmful Blue Light Range

Eyesafe® Display

High Energy Visible Blue Light (HEV)

400 415 435 455 475 500 Wavelength (nm)

Eyesafe® Display redesigns light emission and the color filter for beautiful color with less blue light



# **EVESTICATION**





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# **JEFF RAGETH** Eyesafe Senior Board Advisor



# California Blue Light Resolution SCR73

- Unanimously passed by California Senate and Assembly designating October 10<sup>th</sup> Blue Light Awareness Day each year
- Resolution was introduced by Senator Richard Pan (a pediatrician), passed unanimously in both the Senate and Assembly, and filed with the CA Secretary of State on September 19, 2019.
- The purpose of the resolution is to encourage all Californians (and their children) to "consider taking protective safety measures in reducing eye exposure to high-energy visible blue light."



# **California Blue Light Resolution SCR73**

WHEREAS, There are over 80 million electronic devices with digital screens in the State of California; and

WHEREAS, Screen time viewing with electronic devices exceeds over nine hours per day; and

WHEREAS, The increased usage of, and access to, digital devices by young children and adolescents is an acute area of concern, as ophthalmologists, optometrists, and medical researchers continue to learn more about the short-term effects of increasing and cumulative exposure to artificial blue light on the developing human eye and mental health at a young age, along with long-term potential cumulative effects on adult eye health and mental development; and

**WHEREAS**, The scientific community and recent studies have identified growing concerns over potential long-term eye and health impacts for all age groups from digital screen usage and cumulative blue light exposure emitted from digital devices; and **WHEREAS**, Blue light has been reported to cause visual discomfort in 65 percent of Americans; and

**WHEREAS**, Blue light has been associated with possible harmful effects on retinal cell physiology linked to the high-energy, short wavelength in the narrow range of 415–455 nanometers; and

**WHEREAS**, Cumulative blue light exposure from digital devices has been shown to disrupt sleep cycles by suppressing the natural release of melatonin and has also been linked to premature aging of the retina, which could accelerate potential long-term vision problems such as age-related macular degeneration, decreased alertness, and memory and emotional regulation impacts; and **WHEREAS**, Screen time can take a toll on vision health and comfort, leading to symptoms of digital eye strain and dry, irritated eyes; and

**WHEREAS**, Given the growing body of research around the breadth and scope of potential eye and systemic health impacts related to blue light exposure, the State of California encourages citizens, particularly children, to consider taking protective safety measures in reducing eye exposure to high-energy visible blue light; now, therefore, be it

**Resolved** by the Senate of the State of California, the Assembly thereof concurring, That the Legislature hereby designates October 10 of each year as Blue Light Awareness Day in California; and be it further

**Resolved**, That the Secretary of the Senate transmit copies of this resolution to the author for appropriate distribution.





# **STANLEY LIU** TÜV Rheinland Group Technical Competence Center Director

# **Milestone to reduce blue light**

From 1<sup>st</sup> industrial try to TÜV Low Blue Light Certification...

in %



New solution for anti-blue light film

# **TÜV Certification for Accessory Film—Retina Protection** Factor

Applicable to accessory optical film and display product module that has the function to reduce hazardous blue light.



## **RPF Classification** Rules:

<b>Classification Requirement</b>	RPF Level	Luminance reduction	Change of CCT
RPF15	15	≤20%	≤250K
RPF20	20	≤20%	≤350K
RPF30	30	≤20%	≤500K

# BLUE LIGHT SUMMIT 2019

# TÜV Rheinland is Now Certifying Eyesafe Display Requirements

- Announcing new industry mark representing health and safety for manufacturers
- Representing efficacy in protection from blue light and color quality
- Identifies achievements of Eyesafe Standard health requirements





# **Eyesafe Standard Validation Service**



TÜV AK Certificate + test report based on Eyesafe standard



# **Eyesafe Certification by TÜV Rheinland**



• TÜV will receive the panel and validate achievement of requirements to the Eyesafe Standard



NOTE: Requires commercial agreement with Eyesafe and participation in the Eyesafe Program



# **NEXT STEPS**

- 1 Submit Blue Light Health Issues & Research Questions to Vision Health Advisory Board
- 2 Get the Handbook in English or Chinese from Eyesafe and TÜV Rheinland
- **3** Submit Questions on Standards, Certification and Solutions
- 4 Meet with Eyesafe and TÜV Rheinland at CIIE
- **5** Review materials at Bluelightsummit.com

 Contact TUV Rheinland: Stanley.Liu@tuv.com

Contact Eyesafe: Justin@eyesafe.com